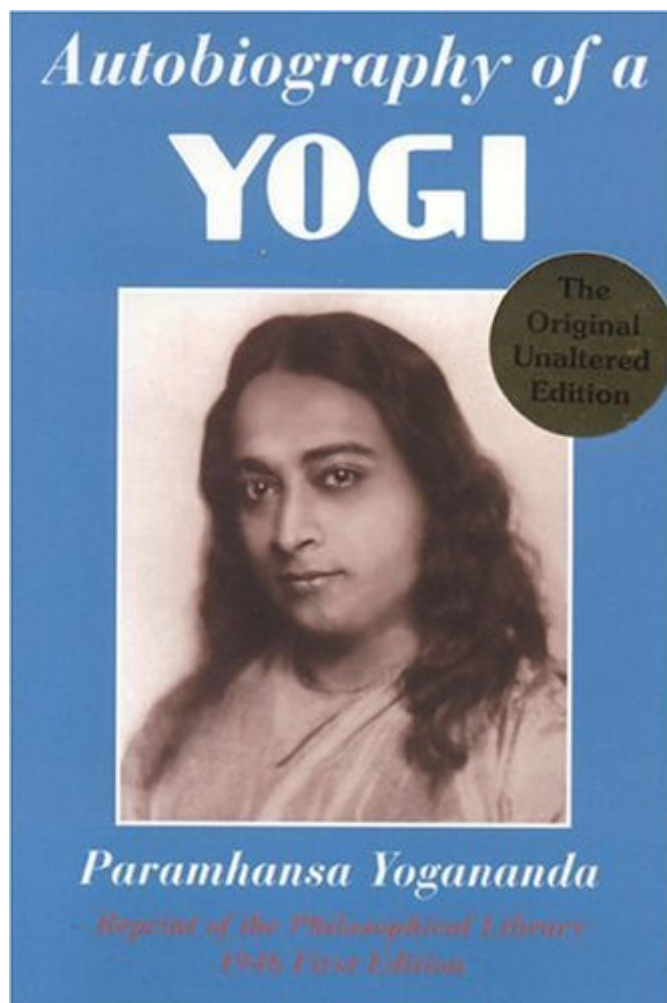


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# The Autobiography Of A Yogi



## Synopsis

The Autobiography of a Yogi

## Book Information

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## Customer Reviews

It's hard to give this book less than 5 stars because I highly recommend it and it can completely change your life. I originally read the version with the blue cover which I found out later is apparently the one that wasn't edited after Yogananda's death. Many years later I repurchased this red cover version because it came with the free CD and I figured.. how different can it be? Well, it is very different. The pictures are different. It has more recent pictures of what is apparently the newer leaders of SRF after Yogananda's death. Some of the amazing older pics from the original book were removed which is just heartbreaking for me. I can tell it just isn't the same vibration. I wasn't getting the same feel. So a few days into it, I put the book down and just bit the bullet, got over my penny pinching self, and re-ordered the blue version. I would say, if you are interested more in the SRF organization, buy this one. If you want the more original version that Yogananda himself wrote, get the blue one. The blue version is also free online, I downloaded it, but nothing like having a book in your hands. Especially one that has a healing vibrational quality to it.

Love it. Since it's an autobiography there many bits and pieces of his normal personal life mixed in among his amazing Spiritual Walk, which serves nicely to keep it human. Some amazing stories and still he makes it plain that he's not above anyone else. Will read it again.

I first encountered this book in my early twenties and have had the privilege to live in Encinitas, CA where one of his temples is. Yogananda writes so clearly and though I have read a lot of his books, the Autobiography is a classic. As one of the first Eastern mystics/gurus to come to the West, Yogananda never was immersed in scandals the way many gurus were who followed decades later. A true lover of the Divine as well as humanity. His beautiful heart and love for all is clearly shown throughout this book revealing not only his journey on the spiritual path, but putting us in touch with many of the Masters and gurus who followed him. As for the legendary Babaji who he introduces the West to in this book, I can say that I myself had a very mysterious experience with this teacher that led me to one of the greatest experiences of my life. Though I never got fully involved in Kriya Yoga and the teachings at one of his ashrams, I was lucky enough to be trained by a woman who used to be a student of his. What a thrill. Though I have since moved on to study many other spiritual teachers, Yogananda remains a stand out, and I suspect he always will.

Why is that so many Indians and Hindus have started looking into Hinduism with reverence after reading this book? Because, The supposed to be ten thousand years old (atleast) religion has lost so many connecting strings that gets re connected through this book. The many magician's tricks are laid open to view and left unjudged for the reader to justify the True-Magic of nature. Many of the practical problem the Hindu yogis face are brought into light (Most important is the renunciation). Any reader can see that the author is a common man in search who is tested, who is validated by the nature's agents and and certain junctures, He is chosen to be blessed and raised. To any Non-Hindu.....Hindu system of Yoga is multifold, multi dimentional. The goal would be to become one with the God of no birth, no death. The first step of that would be the desire to become desireless!!! This book has been an eye opener for many many millions. Try it.

I don't care who you are or what you believe, read this book. I have given this book to a dozen people in the two years since I first read it. As in my own case, reading it has gone along with a string of small and occasionally major miracles that have added so much to their lives. I don't get how this comes about, but it has been so powerful that I now understand why Steve Jobs had it as

the only book on his iPad.

Love this book and continually order as gift for friends. Anyone interested in yoga, spiritual adventures or the history of such in the states will like this book. Caution though, it is written in a very learned, early 20th century English. But the content supersedes the writing and the price cannot be beat. Just buy the book!

Autobiography of a Yogi by P. Yogananda

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Possibly the most important book written in the English language. A Rosetta Stone for world religions and metaphysics. Life changing is an understatement.

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